

New dates added 11/7, 11/21, & 11/24! Do all three classes for \$60.00.



HOMANN KARATE DO

WOMEN'S SELF DEFENSE CLASSES

FOR
AGES 9
AND OLDER

Session Dates:

Friday 11/7/25 7:10 to 8:10 P.M.

\$25.00

Friday 11/21/25 7:10 to 8:10 P.M.

\$25.00

Monday 11/24/25 7:10 to 8:10 P.M.

\$25.00

Do all three classes for \$60.00 or
each class at \$25.00

Small Class Sizes/10 Maximum

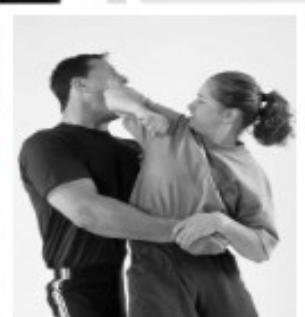
Self Defense to improve:

- ✓ Empowerment & Self Confidence
- ✓ to protect yourself
- ✓ awareness of your surroundings
- ✓ how to become stronger, overcome fear
- ✓ to avoid dangerous situations

Learn Techniques of Self
Defense & Feel Confident

To Register:

WWW.HOMANNKARATEDO.COM



For more details:

219-661-0085



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