

Homann Karate Dō

Class Schedule 661-0085 Homannkaratedo.com



Time:	Monday	Tuesday	Wednesday	Thursday	Friday
4:30 - 5:00 P.M.	Kinder All Ranks Kata—Self Defense	Age: 5 to 7 Kumite Age: 3 to 4 Little Ninjas	Kinder All Ranks Kumite	Age: 5 to 7 year olds Kata—Self Defense	
5:10 - 6:00 P.M.	Youth White - Green stripe Kata —Self Defense	Youth Blue - Brown Kumite	Youth White - Green stripe Kumite	Youth Blue—Brown Kata—Self Defense	Kata s See schedule below for your belt and week
6:10 - 7:00 P.M.	Youth Blue - Brown Belts Kata—Self Defense	Youth White - Green stripe Kumite	Youth Blue - Brown Belts Kumite	Youth White—Green stripe Kata—Self Defense	Katas Alternate weekly by belt level
7:10 - 8:00 P.M.	Adult All Ranks Kumite	Adult All Ranks Room 1Kata—Self Defense Room 2 Kumite	Adult All Ranks Kumite	Adult All Rank Room 1 Kata—Self Defense Room 2 Kumite	
<u>Beginner</u> white, yellow, yellows tripe <u>Intermediate</u> green, gs, blue, blue stripe <u>Advance</u> purple, ps, brown, brown stripe, black	Competition Class All belt levels. There is an extra monthly fee or a drop in fee for this class. See an instructor for details to join. Saturday Mornings Kinder Age: 5 to 7 Youth Age: 8 to 12 Adult Age: 13 and older Friday Clinics available 1 to 2 times a month.		KATA 1st and 3rd Fridays White, Yellow, and YS Belts from 5:10 - 6:00P.M. KATA 1st and 3rd Fridays Green, GS , and Blue Belts from 6:10 - 7:00 P.M. Kata 2nd and 4th Fridays Blue stripe, Purple, and PS at 5:10 - 6:00 P.M. Kata 2nd and 4th Friday Brown, Brown stripe, and Black 6:10 - 7:00 P.M.		